FRONT PRINT SIZING CHART

DTF Size & Placement Guide

Keep this at your press. Find the shirt size, set your design width, then measure down from the neckline.

1. Size by width.
Set the design width from the chart. Let the height follow.

2. Measure from the collar.
Placement is measured down from the bottom of the neckline seam.

3. Scale by size group.
Kids, youth and adult shirts each get their own width.

SHIRT SIZE	DESIGN WIDTH	BELOW NECKLINE
INFANT		
0–3M / 3–6M	**3–4″**	1″
6–9M	**4–5″**	1″
12M	**4.5–6″**	1″
TODDLER		
18M / 2T	**4–5″**	1.5″
3T / 4T	**5–6″**	1.5″
YOUTH		
XS / S	**4–5″**	2–2.5″
M / L	**5–6″**	2–2.5″
XL	**8.5″**	2–2.5″
ADULT		
XS	**8.5″**	3–3.5″
S / M / L	**9–10″**	3–3.5″
XL	**10.5–11″**	3–3.5″
2XL +	**11.5–12″**	3–3.5″

MAXIMUM PRINT AREAS · WIDTH × HEIGHT

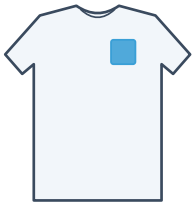
T-shirts



Full Front
12 × 14″



Front Chest
12 × 8″



Left Chest
4 × 4″



Short Sleeve
3.5 × 3.5″



Long Sleeve
3.5 × 15″



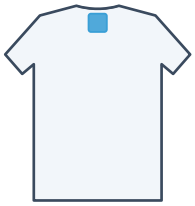
Wrist
2 × 2″



Full Back
12 × 14″



Upper Back
12 × 8″



Back Collar
3 × 3″

Hoodies



Full Front
12 × 11″
above the pocket



Front Chest
12 × 8″



Left Chest
4 × 4″



Sleeve
3.5 × 15″



Wrist
2.5 × 2.5″



Full Back
12 × 16″

PRO TIP

Mixed sizes in one order?
Make one transfer per size group (kids, youth, adult) and put them all on the same gang sheet. One order, every shirt sized right.

MAXIMUM PRINT AREAS · WIDTH × HEIGHT

Hats



Baseball Cap
4 × 1.75″
back 2 × 1″



Trucker
6.25 × 2.5″
front panel



Fitted
4 × 1.75″
back 2 × 1″



Bucket
5 × 2″
front



Beanie
5 × 1.75″
cuff front



Visor
4 × 1″
front

Polos



Left Chest
4 × 4″



Sleeve
3.5 × 3.5″



Back Neckline
2.5 × 2.5″

Tanks



Full Chest
11 × 14″



Left Chest
3.5 × 3.5″

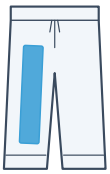


Full Back
11 × 16″

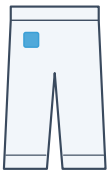
Sweatpants



Front Hip
3 × 3″



Full Leg
4 × 20″



Back Pocket
3 × 3″

PRO TIP

Plan your gang sheet before you order.
Every sheet is 22″ wide. Five 4″ left-chest logos fit across one row, so small logos stretch a sheet a long way.

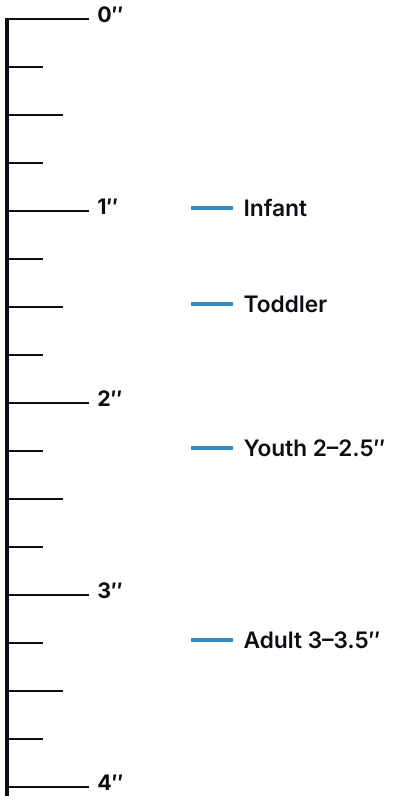
PRESS IT RIGHT

JQF DTF press settings

1	Pre-press	300–305°F	5–10 sec
2	Press	300–310°F	High pressure, 10–12 sec
3	Peel	Hot or cold	Either works
4	Re-press	Teflon sheet	Quick second press to finish

Neckline drop gauge

Cut out. Set 0 at the bottom of the collar seam.



File checklist

- ✔ 300 DPI
- ✔ Transparent PNG
- ✔ Built at the actual print size
- ✔ No white box behind the art
- ✔ Thin lines at least 1 pt

READY TO PRESS?

Custom DTF gang sheets

22″ wide, from **$16.99**

No minimums · No setup fees
Cotton, polyester & blends
Ships anywhere in the U.S.

Order at jqfdesigns.com/dtf

7-inch check ruler · measure 1″ with a real ruler to confirm your printer scaled it right

